



## Testimonials

The following testimonials are from clients who have had positive experiences with LRA by ELISA/ACT tests and protocol recommendations.

"Following the LRA by ELISA/ACT program gave me my life back. By avoiding the reactive items, following nutritional recommendations and incorporating moderate exercise into my life, I have considerably less stiffness and pain and feel 90% on most days."  
*A client from Crystal Lake, IL\**

"Through the LRA by ELISA/ACT program, it became crystal clear that food could be a cause of my bouts of depression. Avoidance of my test reactants has directly contributed to my recovery from depression."  
*A client from Springfield, SD\**

"LRA by ELISA/ACT testing has really helped me. I now have more energy, can do my daily chores easily, and have been able to lose the weight I wanted."  
*A client from Milwaukee, WI\**

"I have not had any migraines since I started on the LRA by ELISA/ACT program after having them for 20 years. It's great to be free of them."  
*A client from Herndon, VA\**

"The LRA by ELISA/ACT tests revealed my sensitivities to items I hadn't even dreamed of. My eczema symptoms went away as soon as I started on the program. If I stray, they come back!"  
*A client from Arlington, TX\**

"Just three days after starting the LRA by ELISA/ACT program, my chronic back and joint pain disappeared and have not come back. I am able to exercise regularly and have never felt stronger."  
*A client from Ghana\**

\*Names and reports on file with ELISA/ACT Biotechnologies